

THE STATE OF ALASKA OFFERS FREE CONSULTATION REGARDING BEST PRACTICES  
IN PRESCRIBING PSYCHOTROPIC MEDICATION FOR YOUTH.

## ALASKA PARTNERSHIP ACCESS LINE (A-PAL)

1-855-345-2725  
(TOLL FREE)

5-6 p.m. Tuesday & Thursday

Outside of set hours, leave a voice mail or email:  
[apal@seattlechildrens.org](mailto:apal@seattlechildrens.org) and your contact will  
be returned within 24 hours.

A-PAL is a FREE youth medication  
consultation line for primary care  
providers.

Physicians, nurse practitioners and physician  
assistants may call to discuss medication  
management with a child and adolescent  
psychiatrist as often as they like.



### Alaska Partnership Access Line (APAL)

Alaska Psychiatric Institute and Recovery Center  
3700 Piper St  
Anchorage AK  
APAL Toll Free Number:  
1-855-345-2725  
[APAL@seattlechildrens.org](mailto:APAL@seattlechildrens.org)

Similar telephone consultation programs are developing throughout the country.  
Prescribing clinicians report high satisfaction with the help they receive.

**QUESTIONS?** Answers are only a few clicks or a phone call away:  
Visit the state web page at [www.hss.state.ak.us](http://www.hss.state.ak.us) click on this icon  
Under health & Social Services click on Behavioral Health  
- OR -



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Seattle Children's Hospital - 4800 Sand Point Way, NE MS: OA.5.154 Seattle WA **206-987-1663**.

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A Partnership of the Alaska Psychiatric Institute & Seattle Children's Hospital, Department of Child Psychiatry & Behavioral Medicine



Sponsored by Alaska Department of Health & Social Services and the Alaska Mental Health Trust Authority for  
"Bring the Kids Home"